



# Sakura Center

FOR PSYCHOLOGICAL ASSESSMENT AND THERAPY

91-1010 Shangrila Street, Suite 307  
Kapolei, Hawaii 96707  
Phone: 808-312-2827  
www.hawaiisakuracenter.com

## DEMOGRAPHIC FORM-ADULT EVALUATION

### General Information

Full Name: \_\_\_\_\_ Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Street Address (include ZIP code):  
\_\_\_\_\_

Phone Numbers:

Home: \_\_\_\_\_ Is it okay to leave a detailed message at this number? Yes \_\_\_\_\_ No \_\_\_\_\_

Cell: \_\_\_\_\_ Is it okay to leave a detailed message at this number? Yes \_\_\_\_\_ No \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Do I have your consent to email an appointment reminder prior to sessions? Yes \_\_\_\_\_ No \_\_\_\_\_

Do I have your consent to email digital copies of:

1) Records: Yes \_\_\_\_\_ No \_\_\_\_\_

2) Billing statements: Yes \_\_\_\_\_ No \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

### **Please tell us a little more about yourself:**

Gender/Preferred Pronouns: \_\_\_\_\_

Ethnicity/Cultural identity: \_\_\_\_\_

Spiritual beliefs: \_\_\_\_\_

Disabilities (any): \_\_\_\_\_

Sexual orientation: \_\_\_\_\_

Occupation and/or School & Major: \_\_\_\_\_

Handedness (right/left/ambidextrous): \_\_\_\_\_

Who referred you to our service? Please provide contact information:

\_\_\_\_\_

Is this referral a result of or related to any legal or court proceedings? If so, please provide name of attorney.

\_\_\_\_\_

Please list the reason(s) you are seeking this evaluation:

\_\_\_\_\_

\_\_\_\_\_

How long have these problems occurred? (number of weeks, months, years):

\_\_\_\_\_

Have you had previous neuropsychological testing? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, where? \_\_\_\_\_ When? \_\_\_\_\_

Have you had any additional testing (e.g., psychoeducational, speech/language?) Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, where? \_\_\_\_\_ When? \_\_\_\_\_

*\*If you answered Yes to either of the above questions, please attach or otherwise provide report(s).*

Please list any other healthcare providers involved in your care (e.g., neurologists, other physicians, occupational therapists, etc.):

\_\_\_\_\_

\_\_\_\_\_

**Developmental/Medical History**

Pregnancy and Birth (your own, not your children’s – leave blank if unknown)

Pregnancy/Birth/Delivery Complications? Please Describe:

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Medications used during pregnancy?

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Did your mother engage in any of the following during pregnancy?

Yes \_\_\_\_\_ No \_\_\_\_\_ Smoking? Frequency? \_\_\_\_\_  
Yes \_\_\_\_\_ No \_\_\_\_\_ Drug intake? Type? \_\_\_\_\_ Amount/Frequency? \_\_\_\_\_  
Yes \_\_\_\_\_ No \_\_\_\_\_ Alcohol consumption? Amount/Frequency? \_\_\_\_\_

Length of pregnancy? (weeks): \_\_\_\_\_ Age of mother at birth: \_\_\_\_\_ Birth weight: \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Birth length: \_\_\_\_\_ APGAR scores? \_\_\_\_\_/\_\_\_\_\_

Type of delivery (check please): spontaneous \_\_\_\_\_ induced \_\_\_\_\_ cesarean \_\_\_\_\_  
with instruments \_\_\_\_\_ breech \_\_\_\_\_

Any complications for mother or infant (yourself) after birth? Please explain:

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Developmental Milestones

Yes \_\_\_\_\_ No \_\_\_\_\_ Did you enjoy cuddling?  
Yes \_\_\_\_\_ No \_\_\_\_\_ Were you fussy or irritable?  
Yes \_\_\_\_\_ No \_\_\_\_\_ Were you more active than other babies?  
Yes \_\_\_\_\_ No \_\_\_\_\_ Was your development significantly different than your siblings? If yes, please explain:

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At what age did you first do the following (indicate with year and month of age).

Turn Over \_\_\_\_\_ Crawl \_\_\_\_\_ Stand Alone \_\_\_\_\_ Walk Alone \_\_\_\_\_  
Walk Upstairs \_\_\_\_\_ First Words \_\_\_\_\_ First Phrases \_\_\_\_\_

Toilet Trained during the day by age 5? Yes \_\_\_\_\_ No \_\_\_\_\_

Did bed wetting or soiling occur after training? Wetting \_\_\_\_\_ Soiling \_\_\_\_\_ If yes, until what age? \_\_\_\_\_

Did you have any speech difficulties?

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Motor difficulties (e.g. clumsiness)?

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Medical History

Has your medical history been normal/unremarkable? Yes \_\_\_\_\_ No \_\_\_\_\_

If no, please explain:

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Have you received any medical diagnoses? Yes \_\_\_\_\_ No \_\_\_\_\_

Please explain:

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Check All that Apply:

Yes ___ No ___	Have you completed genetic testing?	Yes ___ No ___	Headaches?
Yes ___ No ___	Have you had an MRI	Yes ___ No ___	Meningitis?
Yes ___ No ___	Have you had an EEG	Yes ___ No ___	Seizures?
Yes ___ No ___	Frequent ear infections?	Yes ___ No ___	Asthma?
Yes ___ No ___	Were ear tubes ever placed?	Yes ___ No ___	Slow/fast growth?
Yes ___ No ___	Hearing problems?	Yes ___ No ___	Head injury?
Yes ___ No ___	Vision problems?	Yes ___ No ___	Allergies?
Yes ___ No ___	Have you experienced anything you would call traumatic (physical, verbal, or emotional abuse; unwanted sexual experiences; accidents or other events)?	Yes ___ No ___	Hospitalizations?

Have you ever been hospitalized, had surgeries, or major illnesses?

<i>Age</i>	<i>How long</i>	<i>Reason</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____

What medications do you currently take? (Include over-the-counter supplements)

<i>Name</i>	<i>Dose</i>	<i>Frequency</i>	<i>Reason</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Describe your sleep routine:

Typical bed time: \_\_\_\_\_ Typical wake time: \_\_\_\_\_ Trouble falling asleep? **Yes** \_\_\_ **No** \_\_\_

Trouble staying asleep? **Yes** \_\_\_ **No** \_\_\_ Trouble waking up early? **Yes** \_\_\_ **No** \_\_\_

Any other sleep problems? Explain:

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Describe your diet:

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Describe your current level and type(s) of exercise:

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### Mental Health History

List any previous or current mental health diagnoses:

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Have you received therapy services or counseling in the past? **Yes** \_\_\_ **No** \_\_\_

Name of provider: \_\_\_\_\_ Dates: \_\_\_\_\_

Name of provider: \_\_\_\_\_ Dates: \_\_\_\_\_

Name of provider: \_\_\_\_\_ Dates: \_\_\_\_\_

Are you currently seeing a psychiatrist for medication? **Yes**\_\_\_ **No**\_\_\_ Have you in the past? **Yes**\_\_\_ **No**\_\_\_

Name of Psychiatrist: \_\_\_\_\_ Dates of treatment: \_\_\_\_\_

Medication(s) Prescribed:

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Is there a history of self-harm or suicidal thoughts, threats, or attempts? Please explain:

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Have you ever been hospitalized for mental health concerns? Please explain:

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Do you have a history of angry outbursts? **Yes**\_\_\_ **No**\_\_\_ If yes, please explain:

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Have you ever physically assaulted another person, animal, or object? **Yes**\_\_\_ **No**\_\_\_ If yes, please explain:

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### **Psychosocial Functioning**

Describe your personality:

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What are your non-academic strengths?

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What are your non-academic weaknesses?

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How do you spend your free time?

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What is your current level of alcohol and/or drug use?

Alcohol: \_\_\_\_\_ Recreational drugs: \_\_\_\_\_

How is your social group? Do you have close friends? Any trouble initiating or maintaining relationships?

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**Please place a mark next to behaviors that you believe you experience to an *excessive or exaggerated* degree when compared to others your age.**

*Behavior*

- Stubborn
- Irritable, angry, or resentful
- Strikes out at others
- Throws or destroys things
- Lying
- Stealing
- Argues with others
- Low frustration threshold
- Daredevil behavior
- Impulsive (does things without thinking)
- Trouble empathizing with others
- Overly trusting of others
- Does not appreciate humor
- History of vocal or motor tics
- Poor sense of danger/risk
- Cries frequently
- Excessively worried and anxious
- Overly preoccupied with details
- Overly attached to certain objects
- Not affected by negative consequences
- Drug use
- Alcohol use

*Sleeping and Eating*

- Nightmares
- Trouble falling asleep
- Trouble staying asleep in the morning
- Excessive snoring during sleep
- Decreased need for sleep without getting tired
- Eating excessively
- Eating Poorly

*Social*

- Prefer to be alone
- Excessively shy or timid view
- More interested in objects than people
- Difficulty making friends
- Not sought out for friendship by peers
- Excessive daydreaming and fantasy life
- Difficulty seeing another person's point of view
- Trouble empathizing with others
- Overly trusting of others
- Does not appreciate humor

*Motor Skills*

- Poor fine motor coordination
- Poor gross motor coordination
- "Clumsy" in general

**Academic History**

Did you ever have an IEP or 504 Plan, or other modified learning program or participation in special education services when younger? **Yes**\_\_\_ **No**\_\_\_

If yes, please describe:

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What was your high school GPA: \_\_\_\_\_

What was/is your college GPA: \_\_\_\_\_

Grad school GPA: \_\_\_\_\_

How do you generally perform on standardized tests?

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What are your strongest and weakest points, academically?

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**Legal History**

Have you been involved with the court currently or in the past? **Yes**\_\_\_ **No**\_\_\_ Date(s): \_\_\_\_\_

Describe:

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Currently on Probation? **Yes**\_\_\_ **No**\_\_\_ Probation Officer: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Family History**

Are you (choose one): **Married**      **Living Together**      **Separated**      **Divorced**      **Single**

If married, for how long?

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If separated or divorced, when?

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Do you have children? Ages?

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Who else lives in your home?

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Have any of the following diseases occurred among your blood relatives (parents, aunts, uncles, grandparents)?  
Check all that apply:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Allergies         | <input type="checkbox"/> Diabetes                                    | <input type="checkbox"/> Seizures                   |
| <input type="checkbox"/> Amnesia           | <input type="checkbox"/> Glandular problems                          | <input type="checkbox"/> Cerebral Palsy             |
| <input type="checkbox"/> Asthma            | <input type="checkbox"/> Heart diseases                              | <input type="checkbox"/> Migraines                  |
| <input type="checkbox"/> ADHD              | <input type="checkbox"/> High blood pressure                         | <input type="checkbox"/> Muscular Dystrophy         |
| <input type="checkbox"/> Bleeding tendency | <input type="checkbox"/> Kidney disease                              | <input type="checkbox"/> Schizophrenia              |
| <input type="checkbox"/> Depression        | <input type="checkbox"/> Alcohol/drug problem                        | <input type="checkbox"/> Dementia/cognitive decline |
| <input type="checkbox"/> Cancer            | <input type="checkbox"/> Anxiety                                     | <input type="checkbox"/> Other (specify):           |
| <input type="checkbox"/> Suicide           | <input type="checkbox"/> Autism/Asperger's                           | _____   |
| <input type="checkbox"/> Learning problems | <input type="checkbox"/> Intellectual disability/<br>cognitive delay |   |
| <input type="checkbox"/> Deafness          |  |   |